# Quicksand



Count:	64	Wall:	4	Level:	Intermediate
Choreographer:	Francien Sittrop (April 2015)				
Music:	Quicksand – Caro Emerald				

### Intro: Start after 16 Counts

## [1 – 8]Side, Rock Back, Recover, Kick Ball Cross, Side, Behind , Side, Cross

- 1 3 Step L to L side, Rock R back, Recover on L
- 4 & 5 Kick R fwd, Step R down, Step L across R
- 6 Step R to R side
- 7 & 8 Step L behind R, Step R to R side, Step L across R

## [9-16]Rock Back, Recover, Behind, ¼ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross

- 1 2 Rock R to R side, Recover on L
- 3 & 4 Step R behind L, ¼ Turn L step L fwd, Step R fwd (09.00)
- 5-6 Rock L fwd, Recover on R
- 7 & 8 Step L back , Step R next to L, Step L across R

## [17-24]Side, Together, Side Shuffle, Cross Rock , Recover, Shuffle 1/4 Turn L

- 1 2 Step R to R side, Step L next to R
- 3 & 4 Step R to R side, Step L next to R, Step R to R side
- 5 6 Rock L across R, Recover on R
- 7 & 8 L step L fwd, Step R next to L, ¼ Turn Step L fwd (06.00)

#### [25-32]Shuffle 1/2 Turn L x2, Rock fwd, Recover, Coaster Cross

- 1 & 2 <sup>1</sup>⁄<sub>4</sub> Turn L step R to R side, Step L next to R, <sup>1</sup>⁄<sub>4</sub> Turn L step R back
- 3 & 4 <sup>1</sup>⁄<sub>4</sub> Turn L step L to L side, Step R next to L, <sup>1</sup>⁄<sub>4</sub> Turn L step L fwd (06.00)
- 5 6 Rock R fwd, Recover on L
- 7 & 8 Step R back, Step L next to R , Step R across L

## [33-40]Back , Heel fwd ,Hold, Ball Cross, Side, Sailor step 1/4 Turn L, Skates R-L

- & 1 Step L back, Touch R heel fwd
- 2 Hold (while you lean your body diagonally L back)
- &3-4 Step R next to L, Step L across R, Step R to R side
- 5 & 6 Sweep L behind R with <sup>1</sup>⁄<sub>4</sub> Turn L, Step R next to L , Step L fwd (03.00)
- 7 8 Skate R fwd, Skate L fwd

# [41-48]Syncopated Jazz Box 1/4 Turn R, Behind , Side, Cross, 1/4 Turn R, Touch

- 1-2& Step R across L, ¼ Turn R step L back, Step R next to L (06.00)
- 3 4 Step L across R, Step R to R side
- 5 & 6 Step L behind R, Step R to R side, Step L across R
- 7 8 ¼ Turn R step R fwd, Touch L behind R (09.00) \*\*R\*\*

## [49-56]Lock steps back x2, Full Turn L with 2 walks and Shuffle

- 1 & 2 Step L back, Lock R in front of L, Step L back
- 3 & 4 Step R back, Lock L in front of R, Step R back
- 5-6 <sup>1</sup>⁄<sub>4</sub> Turn L step L to L side, <sup>1</sup>⁄<sub>4</sub> Turn L step R fwd
- 7 & 8 <sup>1</sup>⁄<sub>4</sub> Turn L step L to L side, Step R next to L , <sup>1</sup>⁄<sub>4</sub> Turn L step L fwd (09.00)

# [57-64]Rock fwd, Recover , Rock Side, Recover, Behind, Side, Cross, Touch, Flick

- 1 2 Rock R fwd, Recover on L
- 3 4 Rock R to R side, Recover on L
- 5 & 6 Step R behind L, Step L to L side, Step R across L
- 7 8 Touch L to L side, Flick L behind R

## Restart : During wall 2 & 4 after count 48 Start again with count 1

#### Tag : after wall 5

- 1 8 Side, Rock back, Recover x2 ,Touch , Flick
- 1 3 Step L to L side, Rock R back, Recover on L
- 4 6 Step R to R side, Rock L back, Recover on R
- 7 8 Touch L to L side, Flick L behind R

## Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).

## Website: www.franciensittrop.nl